

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8.00am-8.45am	Breakfast is a choice of cereals, toast and fruit. Children are given milk or water to drink.				
Lunch 11.15am-12.00pm	Jollof rice with chicken, tomatoes and cabbage.	Lamb Tagine with carrots and potatoes. Served with cous-cous.	Potato topped fish pie, served with peas and broccoli.	Vegetable and lentil curry, served with rice and salad.	Cheesy tuna pasta bake, with sweetcorn and peas.
Tea-Time 3.15pm-3.50pm	Chinese stir fried noodles, with mixed vegetables.	Broccoli and tomato quiche, with salad.	Neapolitana pasta, with bell peppers.	Cheese, onion and potato gratin.	Spinach and vegetable soup, with soft rolls.

WATER AND SNACKS ARE AVAILABLE TO CHILDREN THROUGHOUT THE DAY.

ONLY FRESH SEASONAL FRUIT AND VEGETABLES ARE USED FOR THE CHILDRENS MEALS.